

Tuakana Waka Challenges 2022

Be the Difference to Ourselves, Others and the World

A minimum of 4 challenges are to be completed by Week 2, Term 4. (1 challenge from each value)

2 of these challenges are school-linked (S)

The other two are home-linked (H)

The challenges need to be recorded (be creative!)

Kindness- Atawhai	Respect - Manaaki	Responsibility - Tu Tika	Resilience - Tu Kaha
<p>Take part in a fundraiser, raising at least \$50.00 (H)</p> <p>Complete a short documentary using imovie or Google slides that clearly illustrates what kindness is and how we are to demonstrate this in all areas of school life. (S)</p>	<p>Take charge of your families' recycling, reuse, system over a ten week period - create or redesign how you follow the 3 R's and record your results via video, pictures or presentation (S)</p> <p>Volunteer to help out for a day at a local community organisation, and record your day using video, photos or a presentation (H)</p> <p>Complete a short documentary using imovie or Google slides that clearly illustrates what respect is and how we are to demonstrate this in all areas of school life. (S)</p> <p>Learn about a New Zealand artist – eg Warren Pohatu**. Create a</p>	<p>Organise and complete a beach clean up project somewhere here in Gulf Harbour with a strong focus on educating our community on sustainability etc. (H)</p> <p>Write a letter to the local paper about an issue you are passionate about. Check with your teacher before it is sent to get an outside edit before you publish it. Get this work published and wait for feedback. (S)</p> <p>Complete one of the trails from the Shakespear explorer (www.sossi.org.nz/use-our-app) and record your findings (H)</p>	<p>To enter an outside event, ie, Orewa 10k fun run/walk, the mud run, Tryathlon, x challenges etc, and complete the event. Record and document your training, and how you do on the event day. This must promote resilience and be something that we could put on our school website. (H)</p> <p>Coach or support junior sports team here at school for 1 term, training x1 a week and if appropriate going to games. You will need to demonstrate resilience in your coaching and have evidence of this, for example recording what was a challenge and how you overcame that challenge (S)</p>

	New Zealand themed artwork using the same painting style as the artist. (S)		
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Kindness- Atawhai	Respect - Manaaki	Responsibility - Tu Tika	Resilience - Tu Kaha
<p>Give your family an international culinary experience! Research the food of a country or culture you would like to find about. Eg. Samoa, India, Thailand, China, Japan Mexico, Croatia, Italy or Maori kai**. Look up yummy recipes from that country, then plan and cook a meal using those recipes. Write up a menu that gives the name of each dish. Decorate and set your table in the theme of your country – eg with flags or serviettes you’ve made, flowers, candles etc. Take photos and ask for feedback from your family. (H)</p> <p>Design your own challenge and discuss it with your teacher before proceeding.</p>	<p>Take a series of photographs that depict your wider community. You need to think about lighting, angles and shot selection. Present nine images in an interesting way.(H)</p> <p>Interview an important member of the local community who has had a positive impact eg. politician, plumber, engineer etc (H)</p> <p>Design your own challenge and discuss it with your teacher before proceeding.</p>	<p>Complete a short documentary using imovie or Google slides that clearly illustrates what responsibility is and how we are to demonstrate this is all areas of school life. (S)</p> <p>Improve your fitness: over a 5 week period complete a run or walk of at least 50km or cycle 100km over this time. Show a map of your route. Include a table that shows the dates you exercised and the distances you covered. (H)</p> <p>Design your own challenge and discuss it with your teacher before proceeding.</p>	<p>Spend a night staying in an environment that is different from what you are used to. For example on a marae, in a tent, outside under the stars, etc. Again record your experiences ready to present it. (H)</p> <p>Complete a short documentary using imovie or Google slides that clearly illustrates what resilience and how we are to demonstrate this is all areas of school life. (S)</p> <p>Prepare and present an entertaining speech in front of your class. It needs to be carefully prepared, rehearsed and last no longer than three minutes.(S)</p>

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